

Test the 9th form / unit 7a . Do the multiple-choice

1. I am very nervous and excited about my project, to tell you the truth , I _____.
A. At least, a little afraid of it B. Have butterflies in my stomach C. am through the roof
2. Mike was _____ about becoming a father.
A. Heart starts beating faster B. likely to become unhappy C. over the moon
3. Turn the lights _____ and I will bring the birthday cake and the candles.
A. Back B. Off C. Down
4. My little sister is such a coward-her legs _____ even if she sees the tiniest spider.
A. Turn to jelly B. shake and sweat C. the most scary
5. As a result, we might shake or sweat and our heart starts beating faster in order _____ to get us ready for action.
A. To pump more blood to our muscles B. To feel very relieved C. help you to find out the reason for your fear
6. People who have a phobia such as agoraphobia or claustrophobia _____ something.
A. Extremely afraid of B. scared to death C. are extremely afraid of
7. Whenever we meet danger or feel unsafe , the brain reacts instantly sending signals _____.
A. To be sure that there is no more danger B. to activate the body's nervous system.
C to get enough information
8. Julia _____ when her teacher told her off for using her mobile phone at the lesson.
A. Went bright red B. goes bright red C. green with envy
9. The response of our body to get ready for action is called _____.
A. `running away or fighting` B. `fight or flight` C. `you don't care`
10. `_____`-means to make a loud high cry because you are hurt, frightened or excited.
A. Scream B. Scrawl C. Shriek
11. `_____`- liquid that forms on your skin when you are _____ and _____.
A. Freeze , hot; afraid of B. Sweat , hot; melt away C. Sweat, hot ; frightened
12. If heights _____ ,you scream loudly if you see a snake that suddenly appears in front of you or you _____ if you have to answer in classroom, you're not alone.
A. Through the roof ; shake like a leaf B. turn your legs to jelly ; shake like a leaf C. turn your legs to jam ;eventually